

FOR ALL THE SAINTS



APRIL 2009

*The Magazine of the Parish of
ALL SAINTS' CHURCH, San Diego*

HOLY WEEK 2009

5TH - 12TH APRIL

✘ ✘ ✘ ✘ ✘

PALM SUNDAY

8:00am LOW MASS with blessing of palm crosses
10:00am HIGH MASS with blessing of palm crosses
 and Palm Procession

MONDAY in HOLY WEEK

Mass at 6pm

TUESDAY in HOLY WEEK

Masses at 12noon, and 6pm

WEDNESDAY in HOLY WEEK

Masses at 9:30am and 6pm

THE SACRED TRIDUUM

MAUNDY THURSDAY

9:30am Low Mass
7:00pm HIGH MASS OF THE LORD'S SUPPER

GOOD FRIDAY

12noon Stations of the Cross
7:00pm LITURGY of the PASSION

HOLY SATURDAY

7:00pm EASTER VIGIL and FIRST MASS of EASTER

EASTER DAY

8:00am LOW MASS with Hymns
10:00am HIGH MASS with Procession



FATHER TONY WRITES...

Dear friends,

We are about to enter Holy Week - the great and most important week of the church calendar. It is also - for us at All Saints' - the busiest week of the whole year. From Palm Sunday we follow liturgically and spiritually Our Lord's path from his passion to his death, to his resurrection. The events we commemorate are at the heart of the Christian religion. Through them and by them Christ won for us salvation and eternal life.

Each year the church bids us celebrate this week with devotion and worship, that we may recall it yet again. But not only just to recall the events. In celebrating the special liturgies of Holy Week we enter into what actually happened, and our faith is renewed. The climax of Holy Week is called the Triduum - the 3 great days of Maundy Thursday, Good Friday & Easter Eve. Every year I urge you all to be present at the 3 Services, held at 7 pm on those days. New members of our parish may not have experienced the Triduum before. The Services follow a pattern observed in the early centuries of the church, and are unique and beautiful. I still remember my first experience of the

Triduum over 40 years ago. It was at my first Easter Vigil that I really experienced the truth and the joy of the Resurrection of Our Lord Jesus Christ. It was a powerful and inspiring moment!

SERVICES SCHEDULE

The schedule of Services for Holy Week and Easter is on page 2. On pages 9/12 there is a description of the special Services. On page 14/15 is printed the text of the *Exultet*. This is the solemn chant sung by the Deacon at the Easter Vigil. It has wonderful imagery & scripture references in it. It was during my 1st Lent as your Rector 5 years ago that I said one of the best things about the Easter Vigil was having a party afterwards, at which we enjoy the things we give up for Lent. So the Chocolate Party was born!

LENT

The season of Lent has been preparing us to celebrate the mystery of the death and resurrection of Our Lord. Passiontide brings us closer, with the crosses, statues, etc veiled. This is not common in other churches, and identifies us as Episcopalians in the catholic tradition. Ritual and ceremonies are important in the Christian religion. It all serves to emphasise the catholic faith that "the Word was made flesh and dwelt amongst us". Now we are about to see that Word of God suffer and die, like all of us. Then we will celebrate his resurrection. No passion, no resurrection; no cross, no glory!

LENTEN APPEAL

Just before Lent we were shocked at the news of the devastating bushfires near Melbourne, Australia. This area is well known to me, of course, and brought back memories of a similar disaster on Ash Wednesday, 1983. A parishioner suggested that we should have a parish appeal, and the Vestry supported this. The appeal was launched on February 15th, and is continuing all through Lent. I have been thrilled and encouraged by the generosity of you all. Our donations are going to Bishop Andrew Curnow, Bishop of Bendigo. Bishop Curnow was my bishop when I was at St Mark's, Fitzroy, and his diocese was one of those affected.

On March 3rd I sent Bishop Curnow our 1st check for \$11,000. In Australian dollars it was \$17,000. Bishop Andrew emailed to say that when the check arrived it caused great excitement in his office, and he is very grateful. The following week our diocese sent \$5,000, a generous contribution. I am hoping to convince Bishop Curnow to visit San Diego some time - however his diocese is not in a good financial situation because of the fires & long term drought.

BENDIGO

Most parishioners have never heard of Bendigo. It is a city of about 80,000 about 100 miles north of Melbourne. In the 19th century it was the center for the Australian gold rush, to which many Americans & Chinese came. The diocese includes farmland and wineries. Our appeal will help set up a Drop-in Center

to assist those affected by the busfires in Bendigo & Rosedale. The bishop has appointed a community chaplain, seconded from parish duties for 3 months. The center is based in a shop-front, called "*Our Place*" - a place of hope. I look forward to sending another check to Bishop Curnow at Easter.

CONFIRMATION & FIRST HOLY COMMUNION

On Wednesday March 25th, the feast of the Annunciation, our bishop was with us to celebrate the sacrament of Confirmation for 5 of our adults and teenagers. It was a wonderful occasion - a festival in the middle of Lent! The following Sunday 4 of our children received Holy Communion for the first time. This was also a joyous and significant occasion. Our parish continues to grow and teach the Faith. Praise be to God!

FACILITIES

Despite the economy, our Facilities Committee has been busy with significant maintenance and building works. New tiles & lights have been placed in the ceiling of the parish hall, and the parking area in the laneway has been improved and expanded to now hold 10 cars. The committee is now proceeding with new roofing to the church offices and school building, and planning to install fans in the church before Summer. The latter will be greatly appreciated!

CHOIR ROOM

Recently 2 classrooms upstairs in the school were converted to a choir room and an office for our organist/choir master. This gives Robert MacLeod an excellent office and the choir their own rehearsal space. It is an appropriate improvement that acknowledges the importance of music at All Saints'. It also frees up the Fireside Room for our growing Sunday School. Lou Locke and the parents are very pleased about this.

HOLY UNCTION

Every now and again I am asked to anoint a parishioner who is going into hospital for a procedure or surgery. Unction is one of the 7 sacraments of the Church, and a great comfort and strength to the sick. In my *Church Teaching* series this month on pages 16/19, there is an article about this sacrament.

R.I.P.

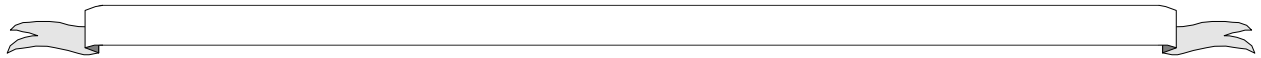
March seems to be a month when parishioners pass from this life. Last year several of our wonderful parishioners died, and the Year's Mind list for the month contains many familiar names. On March 6th we celebrated the Requiem Mass for Carl Barrett, son of Don & Lois. On March 4th June Tuttle died, and her Requiem was on March 12th. The Tuttle family are long-standing and faithful members of our parish. June was at Mass ever Sunday & Wednesday, and a faithful member of the altar guild. She leaves behind a loving family and friends at All Saints'. It has been my privilege, along with Fr Krulak, to minister to June since her

her sudden illness 9 months ago. She was a great woman of faith, humor and practical Christianity. May June and Carl rest in peace and rise in the glory of the Resurrection.

I look forward to celebrating the Resurrection with you all. With my prayers and blessings.

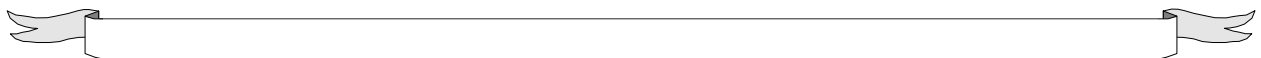
Your priest and friend,

Fr Tony



RUSSELL LITCHFIELD R.I.P.

Russell Litchfield was a member of All Saints' who died in March 2008. Amongst his interest was writing poetry. One of his poems has been accepted as part of the Arts festival at St Mark's United Methodist Church, 3502 Clairemont Dr, San Diego 92117. The Arts Festival is at the church on Saturdays April 4th & 11th, from 10 am – 4 pm.



THIS IS HOLY WEEK

Even the casual observer will have noticed that the celebration of Holy Week and Easter looms as something of supreme importance in the life of the Church. It is in fact the most important week in the Church's calendar.

Beginning on Palm Sunday, the Church re-enacts the momentous week, which won our salvation. The special Services for this week culminate in three very inspiring and moving Liturgies on the three principal days - Maundy Thursday, Good Friday, and Easter Eve. Through our celebrating of these Liturgies, the events are made real, and our sharing in them identifies us with the love of Christ they proclaim.

Jesus has made it possible to bring this event in to all time, and everywhere. It was never to fade from the consciousness of humanity. So, he commanded his disciples, "Do this in remembrance of me". He enshrined this remembrance in the Eucharist. But Holy Week is to be more than an historical event, more than a pious memory. Not only are the disciples of Christ never to forget this week, they are to enter into its innermost meaning; and they are under divine command to proclaim it to all people, in every age, and in every place.

Thus the events of Holy Week, presented in the Church Liturgy, are given to stimulate our minds, to warm our hearts, and to direct our wills to his living presence. In addition to that, our participation enables us to realise more fully our oneness with him in his Passion, Death, and Resurrection. The oneness we already have, is by virtue of our Baptism. If we use this week well, it will have a profound effect on the quality of our Christian commitment, and proclaim to the world the reality and glory of the Cross.

PALM SUNDAY - 8:00am & 10:00am

On this day, the Church commemorates Christ's entry into Jerusalem for the completion of his saving work by dying and rising again. The liturgy of the day has two distinctive features: the palm procession at the 10:00am High Mass, and the reading of the Passion Gospel.

The solemn reading of the narrative of the Passion Gospel takes us into the heart of Holy Week. Coming after the procession, it reminds us that the kingly power of Christ is the power of self-giving love alone.

The procession is the first of the commemorative liturgical actions of Holy Week which reminds us of the main events in the last week of Christ's ministry. It not only reminds us of his entry into Jerusalem, but is also an act of praise to Christ the King who reigns and triumphs on the Cross.

MAUNDY THURSDAY - 9:30am & 7:00pm

The principal Service this day is in the evening. At the Solemn Eucharist we give thanks for our Lord's institution of the Blessed Sacrament. The liturgy centers around the "night he was betrayed". A re-enactment of our Lord's washing of the disciples' feet reminds us that primarily we are called to be servants also.

The Liturgy concludes with the Procession of the Blessed Sacrament (for Communion on Good Friday) to the Altar of Repose, where a "watch" is kept until midnight. At the end of the Mass the Sanctuary is stripped during the singing of Psalm 22. Those not remaining for the beginning of the "watch" leave the church quietly: "...and they all forsook him and fled".

THE WATCH

This is maintained before the Altar of Repose. Here, we take the part of the disciples: "Could you not watch with me one hour?" and Peter, who maintained his vigil at the high priest's house, until he denied his Lord. All are invited to spend some time in the Lady Chapel with Our Lord, in his watch of prayer in the garden of Gethsemane.

GOOD FRIDAY

STATIONS OF THE CROSS - 12noon

At midday we remember Our Lord's path to Calvary in the Service of "Stations of the Cross". It is a simple Service as we walk from the first to the fourteenth station, tracing in our hearts and minds the path that Christ trod on his way to Calvary.

CELEBRATION OF THE LORD'S PASSION - 7:00pm

The Solemn Liturgy of the Passion takes us straight to the heart of Good Friday. The Passion according to Saint John is read and the moving veneration of the Cross takes us to the depth of Christ's love. The Liturgy concludes with Holy Communion from the Sacrament reserved overnight.

HOLY WEEK IS A TIME FOR CONFESSION

As we journey with our Blessed Lord on his Passion, and ultimately to Calvary, where he shed his Blood for our sins, we become aware of the seriousness of sin, and of its persuasion in our lives.

The Parish Priest will be in the Confessional for the Sacrament of Reconciliation, at the times listed. He will also be available for Confessions at other times by appointment.

GOOD FRIDAY: 11:00am and 5:00pm

HOLY SATURDAY: 11:00am and 5:00pm

EASTER VIGIL & FIRST MASS OF EASTER - 7:00pm


This is the most beautiful and exciting Liturgy in the whole Christian Calendar. The Service begins outside, in the darkness. A new fire is lit, to symbolise the new life of Christ's resurrection, piercing the darkness. We are there in Christ's tomb, experiencing the event we call the Resurrection of Christ. From the fire is lit the great Paschal Candle - symbolising Christ rising from the dead. The Candle is solemnly carried into the darkened Church, the ministers and people following. Three times the procession stops, while the Deacon sings: "The Light of Christ". We all respond: "Thanks be to God". Each time other candles are lit. Each member of the congregation has a lighted candle, and the Church becomes a sea of candlelight.

On arrival in the Sanctuary the Easter Proclamation (Exultet) is sung. This great hymn tells how God has delivered his people at the Passover and now brings forth Christ from the dead. This is followed by a Liturgy of the Word. After the last reading the Gloria is sung, and the Church bells ring out that Christ is risen.

The First Mass of Easter then begins with the Collect. After the homily another feature of this beautiful Liturgy takes place - the blessing of the Font and renewal of baptismal vows. This reminds us that in our baptism we first shared in the death and resurrection of Jesus. We then go on to receive our Easter Communion in the beauty of this holy night.

EASTER DAY - 8:00am & 10:00am

After the glories of the Easter Vigil it is always a joy to return to the Church the next morning. Following the observance of Lent it is wonderful to see the Church decorated with flowers and gold vestments, and to sing Alleluia!



OFFICIAL
EASTER CHOCOLATE
PARTY

Celebrate the Resurrection in Style

*Enjoy CHOCOLATE in all its forms,
and all those other things
you gave up for Lent!*

*All Saints' wonderful Chocolate Party is after the
Easter Vigil 7:00pm*

*Holy Saturday,
April 11th, 2009
In the Parish Hall*

*Please contact Judy Borchert
Ph: (858) 292 7261*

THE EASTER EXULTET

One of the many highlights of the Easter Vigil on Holy Saturday night is the singing of the Exultet by the Deacon. After the new fire has been blessed, and the Paschal Candle lit, the congregation follows the Paschal Candle in procession into the Church. Gradually all the candles are lit, and with each person standing there with their own lighted candle, the church is a sea of candles in the dark. The Paschal Candle is placed in the Sanctuary, and after it is censed the deacon sings the great Exultet. It is an ancient proclamation, which praises God for the resurrection of Our Lord. The words of the Exultet are printed below.

The Easter Exultet

Rejoice, O heavenly powers! Sing choirs of angels!
Exult, all creation around God's throne!
Jesus Christ, our King, is risen!
Sound the trumpet of salvation!
Rejoice, O earth, in shining splendour,
Radiant in the brightness of your King!
Christ has conquered! Glory fills you!
Darkness vanishes for ever!
Rejoice, O Mother Church! Exult in glory!
The risen Saviour shines upon you!
Let this place resound with joy,
echoing the mighty song of God's people!
It is truly right that with full hearts and minds and voices we should
praise the unseen God, the all powerful Father, and his only Son,
our Lord Jesus Christ.
For Christ has ransomed us with his blood, and paid for us the price
of Adam's sin to our eternal Father!
This is our Passover feast, when Christ, the true Lamb us
slain, whose blood consecrates the homes of all believers.
This is the night when first you saved our fathers: you freed the
people of Israel from their slavery and led them dry-shod through the
sea.

This is the night when the pillars of fire destroyed the darkness of sin!

This is the night when Christians everywhere, washed clean of sin and freed from all defilement, are restored to grace and grow together in holiness.

This is the night when Jesus Christ broke the chains of death and rose triumphant from the grave.

What good would life have been to us, had Christ not come as our Redeemer?

Father, how wonderful your care for us!

How boundless your merciful love!

To ransom a slave you gave away your Son.

O happy fault, O necessary sin of Adam, which gained for us so great a Redeemer!

Most blessed of all nights; chosen by God to see Christ rising from the dead!

Of this night scripture says: "The night will be as clear as day: it will become my light, my joy".

The power of this holy night dispels all evil, washes guilt away, restores lost innocence, brings mourners joy; it casts out hatred, brings us peace, and humbles earthly pride.

Night truly blessed when heaven is wedded to earth, and man is reconciled with God!

Therefore heavenly Father, in the joy of this night, receive our evening sacrifice of praise, your Church's solemn offering.

Accept this Easter candle, a flame divided but undimmed, a pillar of fire that glows to the honour of God. Let it mingle with the lights of heaven and continue bravely burning to dispel the darkness of this night!

May the Morning Star which never sets find this flame still burning: Christ, that Morning Star, who came back from the dead, and shed his peaceful light on all mankind, your Son who lives and reigns for ever and ever. Amen.

CHURCH TEACHING SERIES
NUMBER 15
HOLY UNCTION

People often turned to Jesus for healing, sometimes for others. Saint Mark tells us about one of them:

One of the synagogue officials called Jairus came to Jesus. He threw himself down at his feet and begged him earnestly, "My little daughter is very ill. Please come and lay your hands on her, so that she will get well and live". (Mark 5: 22-24).

Jesus brought healing and peace by his words and by his touch. Many found healing and peace simply by being with him.

THE HEALING CHURCH

Jesus sent his disciples out with the authority to heal the sick as part of their work in spreading the Good News. After the Resurrection they continued this work. As the Church grew, the healing ministry came to be expressed in the laying-on of hands with prayer, and in anointing the sick with oil.

THE SACRAMENT OF THE SICK

We can read about the anointing of the sick in the letter of Saint James:

"If one of you is ill, he should send for the elders of the Church, and they must anoint him with oil in the name of the Lord and pray over him. The prayer of faith will save the sick man and the Lord will raise him up again, and if he has committed any sins he will be forgiven". (James 5: 14-15)

Through the centuries the Church has celebrated the anointing of the sick with olive oil blessed for this purpose. The sacrament has been known by different names at various times. It is usually known as “Holy Unction”.

WHAT HAPPENS

Before the Sacrament of Unction is celebrated the sick person prepares to receive God’s grace, perhaps by confession. The Sacrament can be celebrated in Church, during or after the Eucharist, or the priest can come to the sick person at home or in hospital.

The service begins with an opportunity to call to mind our sins and to ask and receive God’s forgiveness. This can make us more receptive to his healing love.

Next, the priest lays his hands on the sick person’s head in silence. When he goes on to anoint the forehead he says:

“Through this holy anointing, may the Lord in his love and mercy help you with the grace of the Holy Spirit”.

As he anoints the sick persons hands he says:

“May the Lord who frees you from sin save you and raise you up”.

Some prayers follow and the rite ends with a Blessing.

WHAT DOES IT MEAN?

We believe our whole life is wrapped up in God’s love. Holy Unction shows us that he cares for us in our sickness as well as in our health. God looks after us and meets our needs in many ways - by feeding us at the Mass, by blessing our marriages and by forgiving our sins. In this Sacrament, through anointing with oil, he helps us to find healing and strength.

HEALING, NOT A MAGIC CURE

We can be sure that God will answer our prayer for healing and strength. We may find ourselves cured of an illness or relieved from pain. But God's healing may come in other ways. He may help us face our illness or pain with new courage. Or he may lead us gently to accept death as the natural end to our illness and the way to a closer relationship with him in his glory.

CLEARING UP A MISUNDERSTANDING

Many believe that if someone is anointed in the Sacrament of the Sick, it means they are about to die. In the past it is true that the full meaning of the Sacrament had been partly lost, and people were usually anointed only during the "Last Rites" or "Extreme Unction". The Sacrament of Holy Unction is very much for the *living*. It is a celebration of God's love and care for his people in illness of body or mind.

WHEN CAN I ASK FOR THE SACRAMENT?

Coughs and colds usually sort themselves out, perhaps with the help of some medicine. But medicine bottles always carry a label saying "if symptoms persist, consult your doctor". Even when we have been receiving medical care an illness may drag on and get us down. This may be the time to ask for the Sacrament.

Illness can be more complicated than it first seems. Anxiety and worry can make us ill. We can become depressed and feel all out of joint with life. Through Holy Unction God may help us to become less anxious.

For people facing surgery, even a minor operation, the Sacrament can assure us of God's love and bring confidence and trust in a testing time.

People often turned to Jesus for healing. They found strength and peace in his presence and in his words and healing touch.

If you are looking for the peace and healing touch that comes from Jesus, Holy Unction may be for you. If you are not sure, you can always talk to a priest about it.

Holy Unction Collect

Heavenly Father, giver of life and health: comfort and relieve your sick servant, and give your power of healing to those who minister to their needs, that they may be strengthened in their weakness and have confidence in your loving care; through Jesus Christ our Lord. Amen.



Praying for our Military

Please keep in your prayers
the following members of our Parish
and their families

On active duty

Robert White

At Home

Fr Bill Cantrell
Fr David Thames
Ian Kelley
Mark Llewellyn
Nua Moa
Mike Wilson
Amy Garrett
Warren Klam

✠ ✠ ✠ ✠ ✠

ALL SAINTS' EPISCOPAL PRE-SCHOOL

3674 Seventh Ave, San Diego 92103

Phone: (619) 298 1671

Director: Ms Remika Battles

now accepting ages 2 -5